Have fun everyday

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CEREC 1

Dr. Dominique Caron and CEREC BLUE CAM

By Dr. Dominique Caron, France

I had a dream. In 1980 you still might have been a small child but I was already running my own practice for 2 years and I was facing what many of you, dentists, are facing today: I was wasting my time with temporaries. The Lab always took too long and was not always on time. The prosthesis done were not always fitting. These were just some of the challenges.

You know what I am talking about, remember what you think about the accuracy of the shape, the shade, I cannot even mention the labs that tell you that the restoration is wrong because of your print. This annoyance happens everywhere in the world, maybe it does not bring any consolation to you, but you might feel less lonely.

I had a dream. A dream to be in sole command of my boat! A dream? You don’t need a fairy godmother for that, just keep in touch with the profession and the wise people who will give you the necessary information (Dental Tribune MEA / CAPPmea is doing the ground work for you, enjoy).

Once upon a time, 26 years ago, we already had electricity (yes we did), Sirona was still Siemens and I was told about a strange saga that started in 1983 in Switzerland. In a valley, between trolls and cows, some kind of Steve Jobs, Dr. Mormann and Brandestini were developing a system to make your prosthesis in minutes from 100% ceramic, in one session chairside. Aliens were amongst us and I did not know about it: The flying scanner was called CEREC 1. It was slow, raw, compared to the latest CEREC it was like comparing the first Macintosh 128k to the latest Macbook.

You had to believe in it; anyway, it was the rise of a new era in front of your eyes. The time to be aware was in 1989 when came the CEREC 2, first machine bringing efficiently from the lab in to your hands: A flying scanner you can actually drive. This could have been just one more tool, one amongst the many new ones you see every year, except the fact that you soon understand that this particular one will change so much of your behavior, it will make you jump into another world.

As for some cutting-edge innovations, you are dealing with people who target quality, ethics, safety, improvement more than short-term business, this might be appealing to some of you.

Once using this system, you become part of some kind of club gathering colleagues who look out for the best of their patients. In this “cluh”, there is a kind of friendly ethics between colleagues who have the same aims, nothing to prove to each other, without the need to show off. They share information with a very open mind. No competition, rather family minded atmosphere. Is that the actual life that you have now? Does it sound too good to be true? No, it is not. It has been my actual fairytale story for 26 years now. Beyond the nice story however, what might be your expectations?

With Sirona, you draw your own ceramic yourself with the shape, the shade, the translucency you want. Who better than you knows what you want? Regardless accuracy, the lab will not spoil your skills. You choose the width of the gap for the bonding. Mine have 50 microns (a bacteria: 5 to 10 microns). Never forget your best foe is bacteria.

Be accurate and get the means for it. Take some minutes of your time, imagine that you are the patient, what can be the most upsetting thing: As a patient you do not feel any pain but behind you, a hidden guy is looking in side of your mouth too. Wow, it is awful, you need an inlay here and there, terrible, how can you stand this, you need crowns there, and there and but maybe you do not feel you need it. Easy to become suspicious, isn’t it? If you as a patient see step by step what your problem is, don’t you think you will understand better and feel more relaxed?

I always draw the reconstruction in front of the patient it is an entertainment for them. When you show and explain what you do, your patients will trust you even more.

Their crown, the one and only, just for them, is drawn and carved in front of their eyes and it is magic. You are no longer just a dentist you become a magician. Your patients are happy and so are you.

You are working in the dental field, the only medical field in which you can keep the whole process under your control. You do the diagnosis, the treatment plan and the actual treatment, including the prosthesis. You must enjoy the “do it yourself” part. Enhance your skills; your patients will love to see an artist.

I invite you to a little time travel. Enhance your skills; your patients will love to see an artist. Match the expectations, with this “state-of-the-art” technology : It is a state of mind your patients will appreciate, they will ask for the treatment themselves.

CEREC may be a smart tool for you: 26 million restorations already done, metal free, no chemical, non-allergic, no biological notion. For 26 years now, after thousands of restorations, many lectures, and presentation to the French Academy, I work more and more with CEREC.

For 20 years every morning, I am happy to come to the clinic and work with the best tools.

When you know how to do the best, your patients feel it, a better life for everybody. It is what is called in French “L’Art Dentaire”: Dental art, it is beyond technical.

When you grow up, only the cost of your tools is changing but it is worth it. Be proud of what you do, be ethical.

In the UAE we are lucky, our outstanding colleague, Dr. Dobrina Moldova built a unique structure CAPPraca that organizes the best dental meetings, don’t miss the opportunity, come to the next CAD/CAM event and join the CEREC team.

In 1989 in France, we were 85 dentists having CEREC amongst 42,000 dentists at the time. We preserved from that time a kind of family spirit you can still feel when you visit the Sirona booth. Nowadays, you will see colleagues coming and staying just to hear and talk about what they like. Have a look yourself next time. Everyday I make 5 or 6 CEREC restorations and after the prints are taken I say to my patients who looking at the screen: “Tea? Coffee? Now enjoy your holidays, and for me time to start playing!”

Join the family. Stop working and start playing!

Editorial note: Further details available from the author.